

# EMPLOYEE ASSISTANCE PROGRAMME



This service offers you and your family support with any work or personal issue, including short-term professional counselling and connecting you to local resources to help you manage emotional, physical, financial and social needs.

## THE SERVICES ARE:

- Free, at no cost to you
- Confidential
- Available in multiple languages
- Available 24 hours a day, 7 days a week, 365 days a year
- Accessible in multiple ways



## UKRAINIAN ANSWER:

Freephone: **0 800 50 0319**

Direct Dial Within Ukraine:  
**+380 89 324 0489**

Direct Dial Outside Ukraine:  
**+44 208 987 6386**

## ENGLISH ANSWER:

Freephone: **0 800 50 1027**

Direct Dial: **+351 214 542 186**



Email us at:

[support@resourcesforyourlife.com](mailto:support@resourcesforyourlife.com)



Access the website at:

[www.magellanhealth.com/global](http://www.magellanhealth.com/global)



Use the app “iConnectYou”:

Download the app from the App Store (iOS) or Google Play (Android).



WhatsApp:

**+1 984 268 2030**