



Get support for your precious delivery



Whether you're thinking about having a baby or have one on the way, Maternity Support is here to provide information and support—throughout your pregnancy and after giving birth.

Offering care throughout your journey

Maternity Support is designed to work for all mothers, no matter what the pregnancy journey looks like. And, if your pregnancy is considered high-risk, a nurse can help connect you with the care you need.

You may be able to work with a maternity nurse who is available to answer your questions and support you every step of the way. A maternity nurse is trained to:

- Share information designed to help you care for your and your baby's health
- Help you choose a doctor or nurse midwife
- Support your physical, mental and emotional health—before and after birth
- Help you find a pediatrician or other specialist

Whatever your journey, Maternity Support is here to help—and it's available to you at no additional cost as part of your plan benefits.

Get started

Visit myuhc.com/maternity to learn more about Maternity Support.

**United
Healthcare**

The information provided under Maternity Support is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. UnitedHealthcare makes no representation or warrant with regard to the accuracy of the information presented. If you believe that you may have any emergency medical condition you should immediately call 9-1-1. Participants should consult an appropriate health care professional to determine what may be right for them. If you have questions about the information presented or questions about health care services, supplies, or treatments, you should consult your health care provider before making any health care decisions. Employers are responsible for ensuring that any wellness programs they offer to their employees comply with applicable state and/or federal law, including, but not limited to, GINA, ADA and HIPAA wellness regulations, which in many circumstances contain maximum incentive threshold limits for all wellness programs combined that are generally limited to 30% of the cost of self-only coverage of the lowest-cost plan, as well as obligations for employers to provide certain notices to their employees. Employers should discuss these issues with their own legal counsel.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

B2C EI21955959.1 9/21 © 2021 United HealthCare Services, Inc. All Rights Reserved. 21-1092435