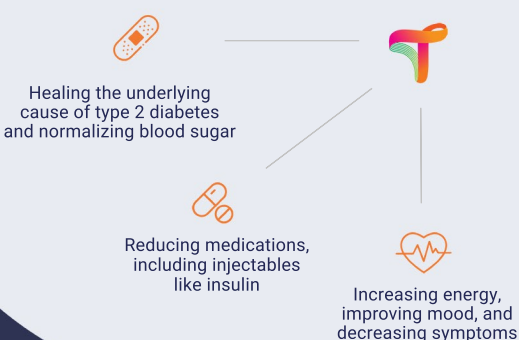


## Reversing Type 2 Diabetes is Possible.

For the first time ever, we are offering a program that's helping people **reverse type 2 diabetes**.

Twin Health is a **fully-covered** benefit for any full-time employee, spouse or dependent ages 18+ with type 2 diabetes enrolled in any one of the **UnitedHealthcare** medical plans.

We're offering Twin because of their proven results:



INTRODUCING

## Your Whole Body Digital Twin™

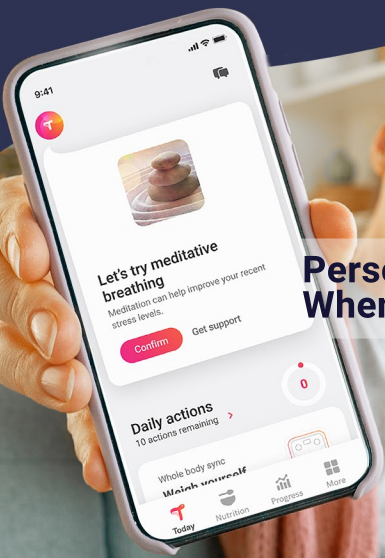
Whole Body Digital Twin™ is a digital representation of your unique metabolism. Your Twin delivers precise, personalized guidance about foods, sleep, activity, and breathing through the easy-to-use **app**.



Our program uses **wearable sensors** to see how your body responds to food, activity, sleep, stress, and breathing.

[Tell Me More](#)

## Personalized Care When You Need It



## With You Every Step of the Way

As you follow daily guidance, your Twin continues to learn about you. Recommendations become more personalized to your life and your preferences. **Your dedicated care team** supports you every step of the way.

### Meet Dr. Lisa Shah

Next week, you may receive an email with more details from Twin Health's Chief Medical Officer, Dr. Lisa Shah. We hope you'll consider this life-changing program.



[Join Twin](#)